



# 2005-2006 Flu Immunization Information

The following priority groups are eligible for flu vaccine at County Health facilities, subject to vaccine availability:

- **persons aged 60 years and older, with or without chronic health conditions**
- **residents of long-term care facilities**
- **persons aged 2–64 years with chronic health conditions**
- **children aged 6–23 months**
- **pregnant women**
- **health-care personnel who provide direct patient care**
- **household contacts and out-of-home caregivers of children aged <6 months**
- **household contacts of persons at high risk for complications from the flu**

Please note that vaccination with the live, nasal-spray flu vaccine (FluMist®) is always an option for healthy persons aged 5-49 years who are not pregnant. These persons would not be eligible for flu shots at County Health facilities. This vaccine is not subject to prioritization and can be given to healthy, non-pregnant 5-49 year olds at any time. Some Community Clinics and private clinics may have it available.

For additional clinic sites, and for persons who are not eligible to receive flu vaccine in public clinics because they are not in the high-risk groups, please call Aging and Independence Services at 1-877-358-0202 for a referral.

Flu shots will be available throughout the flu season while vaccine supplies are still available. The pneumococcal pneumonia and tetanus-diphtheria (Td) vaccines can also be obtained at these clinics and any time of year if medically appropriate.

There is a \$10 fee for the immunization visit, which may be waived if you are unable to pay. Medicare (Part B) will be accepted for the flu shot and pneumococcal vaccine.

Subject to vaccine availability, flu vaccine is being offered to eligible persons at the following locations:

## **Central Region (East San Diego) Public Health Center** - 5202 University Ave., San Diego

Flu shots are available to eligible persons on a walk-in basis on Mondays, Wednesdays and Thursdays from 8:30 to 11 a.m. and 1 to 4 p.m. while vaccine supplies last.

## **Clairemont Community Service Center** – 4731 Clairemont Drive at Lakehurst Drive (inside Clairemont Square next to the recycling center)

Please call the North Central Region Public Health Center at 858-490-4400 for information.

## **East Region (El Cajon) Public Health Center** - 855 E. Madison Ave., El Cajon

Flu shots are available to eligible persons on a walk-in basis on Mondays, Tuesdays, Wednesdays and Fridays from 8 to 11 a.m. and 1 to 4 p.m. and also on Thursdays from 1 to 4 p.m., while vaccine supplies last. Please note that there will be no afternoon flu shot clinic on Thursday, Dec. 8 at the East Region PHC. The regular flu shot clinic schedule will resume on Friday, Dec. 9.

## **Fallbrook Public Health Office** - 130 E. Alvarado St., Fallbrook

Flu shots available on the 2nd Monday of the month, from 8 a.m. to 4 p.m., while supplies last. Please call 760-967-4401 for further assistance.



**Mira Mesa WIC Office** - 10737 Camino Ruiz, Suite 135, Mira Mesa

Please call the North Central Region Public Health Center at 858-490-4400 for information.

**North Central Public Health Center** - 2440 Grand Ave., Pacific Beach

Flu shots are available to eligible persons by appointment only while vaccine supplies last. Please call 858-490-4400 for an appointment.

**North Coastal (Oceanside) Public Health Center** - 104 S. Barnes St., Oceanside

Flu shots are available to eligible persons by appointment only while vaccine supplies last. Please call 760-967-4401 for an appointment.

**North Inland (Escondido) Public Health Center** - 606 E. Valley Parkway, Escondido

Flu shots are available to eligible persons on Mondays from 8-11 a.m. and 1-3 p.m., while vaccine supplies last. No appointment is needed.

**Ramona Public Health Office** - 1521 Main St., Ramona

Flu shots are available to eligible persons, while vaccine supplies last., on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month, from 1-3 p.m. No appointment is needed.

**Rancho Peñasquitos-New Hope Church** - 10330 Carmel Mtn. Rd., Rancho Peñasquitos

Flu shots are available to eligible persons on the 3<sup>rd</sup> Wednesday of the month, from 8:30-11 a.m., while vaccine supplies last. No appointment is needed.

**Solana Beach Presbyterian Church** – 120 Stevens Ave., Solana Beach

Flu Shots are available the 2nd Tuesday of the month from 1 to 5 p.m., while supplies last. Please call 760-967-4401 for further assistance.

**South Region (South Bay) Public Health Center** – 690 Oxford St., Chula Vista

Flu shots for high risk adults are being offered by appointment only. Please call 619-409-3110 for an appointment.

Flu shots for high risk infants and children will be available with a number on a **first-come, first-serve basis** Monday through Friday. We distribute up to 50 numbers a day, each weekday. **We do close as soon as we reach capacity.** On Tuesdays, we accommodate adult appointments from 5:00 to 5:30 p.m. Please call 619-409-3110 for more information and to schedule an appointment.